



WHISTLER SKATING Club



*Come be part of the
Whistler Skating Club
for the
2015/16 Season
Learn to Skate programs
begin Sept. 27th*

....Register now!

**Both recreational and
competition focused coaching*

**Encouraging & safe club
environment*

Learn to Skate

Pre-CanSkate is for beginning skaters, ages 3-5 who have never skated before. Pre-CanSkate focuses on fun, participation and basic skill development. Skaters earn stickers and badges as they learn fundamental skating skills.

Lessons are taught in a group format by certified coaches and assistants. Skaters progress at their own rate, Coaches use teaching aids, music and a wide variety of activities to create a fun learning environment.

Tuesday and Thursday 3:30-4:15pm

Sept. 29 – Dec. 15- \$250

CanSkate & PrePower are Skate Canada’s flagship “Learn-to-Skate” program. It teaches the fundamentals of skating to help build a foundation for all kinds of skating and is necessary for skaters hoping to advance to a Power Skating or STAR program. CanSkate is a one or two-day per week program. Skaters are grouped by age and skill, beginning in Stage 1 progressing to Stage 7. Awards and incentives are earned as skaters progress from Stage 1 - 7

Tuesday and Thursday 3:30-4:15pm

Sept. 29 – Dec. 15- \$230

CSA approved hockey helmets are mandatory for **Pre-CanSkate, Pre-Power, & CanSkate, (up to STAGE 5), Silver & Hockey Skating**. Skaters must wear mittens or gloves and appropriate clothing (no jeans)

Junior Development “STAR”, “Synchro Team”

STAR is designed to complement Skate Canada’s Learn to Train model with increased focus on group development and instruction. Through coached lessons, the program teaches skaters to train effectively while advancing their skill level and beginning their transition to figure skating tests and competitions. Entrance by coach recommendation only.

Tuesday and Thursday 4:15 to 4:45pm

Sept. 14 –Dec. 17

Synchronized Skating is an exciting team sport that focuses on a specialized branch of figure skating. The focus on participation, fun, friendly competition, and lifetime involvement is responsible for synchronized skating’s phenomenal growth around the globe. Whistler Skating Club’s team is aimed at STAR and beginner Competitive skaters. Participation gives this level of skater an opportunity to be part of a team dedicated to sportsmanship.

Mondays 3:15- 4:15 pm

Sept. 14 –Dec. 17

NCCP & Skate Canada certified



